



## Jump Central Trampoline Centre at Moorabbin Indoor Sports Centre Safety Commitment

### GENERAL SAFETY RULES

***We the team at Jump Central Trampoline Centre at Moorabbin Indoor Sports Centre will train our Customers in the safe use of our facilities***

**Jump Central Trampoline Centre at Moorabbin Indoor Sports Centre will take all reasonable responsibility to educate customers on the safe use of all trampoline courts by providing:**

1. Jump Central Trampoline Centre at Moorabbin Indoor Sports Centre safety Instructions and trampoline court rules will always be delivered to customers prior to participation on the trampoline court.
2. Safety Instructions may be delivered to customers using video, audio, or computer based programs, pre-recorded spiel, written document, signage, verbal instruction or other delivery method approved by Jump Central Trampoline Centre at Moorabbin Indoor Sports Centre.
3. Jump Central Trampoline Centre at Moorabbin Indoor Sports Centre shall convey to participants the substance of the safety customer responsibility requirements through written safety procedures on all trampoline courts.

### **Rules for safe Jumping (Posted on signage)**

*All patrons must adhere to the following rules when using the trampoline facilities.*

1. No more than one person per trampoline at any given time
2. Jump Central grip socks to be worn on trampolines at all times
3. **NO** food or drink on or near the trampolines
4. **DO NOT** intentionally land on or jump on the foam padding
5. **NO** double bouncing
6. Rough play or causing intentional harm to others will not be tolerated
7. Entry to foam pit from trampoline or tower in a feet first manner **ONLY. NO DIVING**
8. Patrons must ensure a quick safe exit from foam pit through the shortest route.
9. You must **NOT** enter the foam pit until the area is clear of other patrons
10. **DO NOT** hang on/from Basketball rings at any stage
11. **Use of these facilities whilst under the influence of drugs or alcohol is prohibited**

### **Our Staff commit to the following responsibilities-**

1. The ratio of court attendants to active participants shall not exceed 1:20 at any time the trampoline court is in operation, excluding customers within the assembly area or customers located in designated rest areas.
2. Jump Central Trampoline Centre at Moorabbin Indoor Sports Centre Court attendants shall monitor activity on the trampoline court at all times during operation.

3. Jump Central Trampoline Centre at Moorabbin Indoor Sports Centre Court attendants shall always incorporate the use of whistles or other devices or signal equipment and take appropriate action at the first sign of misbehaviour or violation of posted rules.
4. Jump Central Trampoline Centre at Moorabbin Indoor Sports Centre attendants will assure that the assembly area should be kept clear of onlookers, spectators or others not actively engaged in monitoring activity or preparing to mount or dismount the trampoline court so that the court attendant has a clear view and can verify that users are able to mount and dismount safely.
5. In the interest of safety Jump Central Trampoline Centre at Moorabbin Indoor Sports Centre Customers shall not be allowed to climb or hang on the walls or netting of a trampoline court unless the net or wall is designed for climbing.
6. Court attendants will make sure that Jump Central Trampoline Centre at Moorabbin Indoor Sports Centre Customers shall not be allowed to sit or rest on Trampoline Court beds, impact attenuation material surfaces, within dismount platforms, or within assembly areas.
7. Jump Central Trampoline Centre at Moorabbin Indoor Sports Centre Customers should be allowed to sit or rest within designated rest areas unless designed to do so.
8. Jump Central Trampoline Centre at Moorabbin Indoor Sports Centre Court attendants shall verify that the trampoline court is not overloaded with customers in accordance with Jump Central Trampoline Centre at Moorabbin Indoor Sports Centre specifications at all times.
9. Jump Central Trampoline Centre at Moorabbin Indoor Sports Centre trampoline court shall ensure the trampoline device is installed as per manufacturer's specifications prior to operation all the times.

**By agreeing to our Terms & Conditions you (the customer) commit to the following responsibilities –**

The following instructions outline requirements as applicable to trampoline courts and include requirements which are necessary and unique to trampoline courts.

1. There are inherent risks in the participation in or on any trampoline court. Customers of a trampoline court, by participation, accept the risks inherent in such participation of which the ordinary prudent person is or should be aware.
2. Customers have a duty to exercise good judgment and act in a responsible manner while using the trampoline court and to obey all oral or written warnings, or both, prior to or during participation, or both.
3. Customers have a duty to not participate in or on any trampoline court when under the influence of drugs or alcohol.
4. Customers have a duty to properly use all trampoline court safety equipment provided.
5. Customers have a duty to not participate in or on any trampoline court if they have pre-existing medical conditions, circulatory conditions, heart or lung conditions, recent surgeries, back or neck conditions, high blood pressure, any history of spine, musculoskeletal or head injury, or may be pregnant.
6. Customers have a duty to remove inappropriate attire, including hard, sharp, or dangerous objects (such as buckles, pens, purses, badges, and so forth).
7. Customers have a duty to avoid bodily contact with other patrons.
8. Customers have a duty to conform with or meet height, weight, or age restrictions imposed by the manufacturer or owner to use or participate in the trampoline court activity.
9. Customers have a duty to avoid crowding or overloading individual sections of the trampoline court.
10. Customers have a duty to use the trampoline court within their own limitations, training and acquired skills.
11. Customers have a duty to avoid landing on the head or neck. Serious injury, paralysis, or death, can occur even when landing on the Trampoline Court bed.

## **Attachments**

1.1; - *General Venue Risk Assessment*

## **Area specific assessments**

1.2; - *Dodgeball Zone*

1.3; - *Free Jump Area*

1.4; - *Slam Dunk Zone*

1.5; - *Foam Pit*

# Jump Central Trampoline Arena

## Risk Assessment Form



### Potential Dangers

- Jumping on or colliding with other patrons
- Sliding down and landing on other patrons
- Tripping on foam padding
- Being hit unexpectedly by a ball
- Colliding with walls or permanent buildings or fixtures
- Tripping on or falling down stairs
- Cuts or abrasions caused by netting or trampoline mats

### Forbidden Actions

- Climbing up or leaning/hanging on nets
- Double bouncing/ rough play
- Deliberately jumping into or onto other patrons
- Moving or altering foam padding in any way
- No running diagonally along mats
- No sitting on trampolines for periods longer than to catch your breath

### Safety Guide

- One person per trampoline
- Land safely on two feet or backside
- Do not hang from slam dunk rings
- Don't attempt any activities above your skill level
- No back flips from foam pit tower
- Allow smaller jumpers right of way
- Grip socks to be worn by all patrons while on the trampolines
- No landing on padding
- Allow patrons to exit the foam pit before the next person enter

## Dodgeball zone



### Potential Dangers

- Jumping on other patrons
- Sliding down and landing on other patrons
- Tripping on foam padding
- Colliding into wall

### Forbidden Actions

- Climbing up leaning or hanging on nets
- Double bouncing rough play
- Deliberately jumping into or onto other patrons
- Moving or altering foam padding in any way
- No running diagonally along mats
- No sitting on trampolines for periods longer than to catch your breath

### Safety Guide

- One person per trampoline
- Grip socks to be worn by all patrons while on the trampolines
- No landing on padding
- Land safely on two feet or bottom

## Free Jump Area



### Potential Dangers

- Jumping on other patrons
- Sliding down and landing on other patrons
- Tripping on foam padding
- Running or jumping in to other patrons in area

### Forbidden Actions

- Climbing up or leaning/hanging on nets
- Double bouncing rough play
- Deliberately jumping into or onto other patrons
- Moving or altering foam padding in any way
- No running diagonally along mats
- No sitting on trampolines for periods longer than to catch your breath

### Safety Guide

- One person per trampoline
- Grip socks to be worn by all patrons while on the trampolines
- No landing on padding
- Land safely on two feet or bottom

## Slam Dunk Zone



### Potential Dangers

- Jumping on other patrons
- Sliding down and landing on other patrons
- Tripping on foam padding
- Colliding with basketball ring and backboard

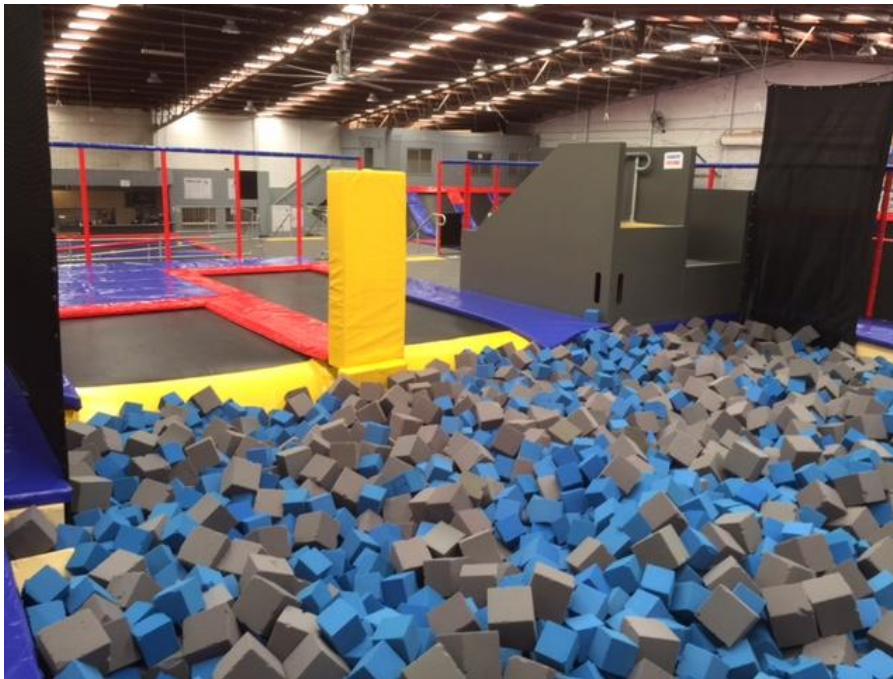
### Forbidden Actions

- Climbing up leaning or hanging on nets
- Climbing up leaning or hanging on basketball rings and backboard
- No more than one person on a trampoline at one time
- Moving or altering foam padding in any way
- No running diagonally along mats
- No sitting on trampolines for periods longer than to catch your breath

### Safety Guide

- One person per trampoline
- Grip socks to be worn by all patrons while on the trampolines
- No landing on padding
- Land safely on two feet or bottom
- Next person in line to wait behind red foam padding at start of trampoline.

## Foam Pit Area



### Potential Dangers

- Jumping on other patrons in foam pit
- Jumping off tower and landing on structure
- Tripping on foam padding
- Colliding into jumping tower
- Landing on outside of foam pit
- Landing on Slackline when in use
- Landing on head in foam pit



### **Forbidden Actions**

- Do not play or hide in foam pit
- No jumping into foam pit whilst others are still in pit
- No back flips to be attempted from jumping tower
- No jumping on to or off the yellow padding tower
- Climbing up or leaning/hanging on nets
- Double bouncing rough play
- Deliberately jumping into or onto other patrons
- Moving or altering foam padding in any way
- No running diagonally along mats
- No sitting on trampolines for periods longer than to catch your breath
- No jumping from tower when Slackline is in use
- Landing on head or neck is forbidden

### **Safety Guide**

- Ensure foam pit is clear before attempting a jump from trampoline or tower
- One person per trampoline
- Grip socks to be worn by all patrons while on the trampolines
- No landing on padding
- Land safely on two feet or bottom
- Do not attempt to dive or land in foam pit head first